

## Better, Smarter, Richer Presents...

### *Creating the Gift of You: Legacy Letter Writing* by Linda Ross Swanson

“Everything is story, including our identities, ourselves, our meaning and purposes, our theories about the world ... story holds the richness of interconnectiveness and complexity of the world in a way we could never articulate otherwise.  
—Lewis Mehl-Madrona, MD, PhD

Register Today:

Call or email Sheri Joi  
bp@speakeasy.net

503-380-1156

Lots of seats so sign up now!

#### Program Agenda:

11:30 AM—Registration

- Grab some lunch or a drink
- Mingle

Noon—Linda Ross Swanson

Participants will learn how to write a legacy letter encapsulating their wisdom. It will include what life has meant to them so far; what they've learned from adversity; how they navigated the tough times; what they value, believe and bless plus much more. This legacy letter is less daunting and easier to put together than a memoir.

People will leave the workshop with a beginning and ending paragraph and several drafted paragraphs for the middle. Plus they will receive techniques and handouts to help them complete a document they will be proud to pass on along with their legal wills when they die. If we don't save our wisdom now, it will be buried with us. What's the use of learning and having experiences if we don't share them?

3:00 PM—Wrap it up!

#### **Location:**

Baja Fresh (click for directions)  
11685 Southwest Pacific Highway  
Beaverton, OR  
(503) 590-9789

Linda Ross Swanson is a certified grief counselor. She helps people wrap their mind around death as well as preserving memories and living a meaningful life. Creating a Wisdom Will is the perfect way to leave your legacy, celebrate your life's triumphs and get a glimpse into yourself like you have never done before. Join us for a workshop that is sure to transform you and take you on a journey of self discovery.

[More on Wisdom Wills.....](#)



All work materials will be provided for you. All you need to bring is a pen and your willingness to engage fully in the process

#### Early Bird Special

(Before Feb. 10th) ..... \$49

Regular/ At the door—\$55

Workshop must have at least 15 attendees so grab a friend. *This will make a priceless/ timeless Valentine gift for loved ones. Something they will treasure and pass down to generations to come.*